PRE-RECORDED ONE WAY VIDEO INTERVIEW

A short-one way video interview that highlights your pre-professional competencies such as communication style, self-reflection skills and motivation for the profession.

**Format:**
- No interviewer present.
- Answer pre-established interview questions via recorded video
- Responses are recorded and shared with reviewers at a later time.

**How to Prepare:**
- Check your audio and background
- Practice speaking to the camera
- Dress professionally

**Sample Questions:**
- What made you decide to become a practitioner?
- Tell me about a time when you failed.
- Who is someone you admire and why?

**Existing Platforms:**

**Snap Shot**

**Format**
- Total length = 15-minutes
- 3 one way questions
- 30-seconds to read each question
- Up to 2 minutes to record a response
- Cannot review response nor re-record response

https://takealtus.com/snapshot/

**Kira Talent**

**Format**
- Video and Written Responses
- One attempt per question
- Once the question is stated, the timer will begin


**Vidcruiiter**

**Format**
- Number of questions and attempts to record vary by school.
- Structured similarly to Snapshot and Kira Talent

*Programs may utilize other pre-recorded platforms created by the school*